

Bassin de 25	DAMES						Table de Conversion Dames	En bassin de 50	DAMES					
	JEUNES			Juniors 1 et 2	Juniors 3 et 4	SENIORS			JEUNES			Juniors 1 et 2	Juniors 3 et 4	SENIORS
	11 ans 2010	12 ans 2009	13 ans 2008	14 - 15 ans 2007-2006	16 - 17 ans 2005-2004	18 ans et + 2003 et avant			11 ans 2009	12 ans 2008	13 ans 2007	14 - 15 ans 2007-2006	16 - 17 ans 2005-2004	18 ans et + 2003 et avant
50m NL	00:37,49	00:34,24	00:32,13	00:32,58	00:31,19	00:30,50	00:00,70	50m NL	00:38,19	00:34,94	00:32,83	00:33,28	00:31,89	00:31,20
100m NL	01:23,73	01:13,69	01:10,94	01:10,05	01:07,98	01:06,05	00:01,20	100m NL	01:24,93	01:14,89	01:12,14	01:11,25	01:09,18	01:07,25
200m NL	03:04,60	02:40,81	02:32,58	02:31,88	02:24,76	02:22,35	00:02,90	200m NL	03:07,50	02:43,71	02:35,48	02:34,78	02:27,66	02:25,25
400m NL	06:31,58	05:34,30	05:26,63	05:21,73	05:05,78	05:02,27	00:06,20	400m NL	06:37,78	05:40,50	05:32,83	05:27,93	05:11,98	05:08,47
800m NL	15:07,53	12:02,76	11:26,77	10:56,48	10:34,49	10:23,29	00:12,90	800m NL	15:20,43	12:15,66	11:39,67	11:09,38	10:47,39	10:36,19
1500m NL	27:18,00	25:45,10	22:20,47	22:52,21	22:30,47	22:08,87	00:24,50	1500m NL	27:42,50	26:09,60	22:44,97	23:16,71	22:54,97	22:33,37
50m Dos	00:44,71	00:39,98	00:38,39	00:39,79	00:37,03	00:35,76	00:01,30	50m Dos	00:46,01	00:41,28	00:39,69	00:41,09	00:38,33	00:37,06
100m Dos	01:39,09	01:24,36	01:22,86	01:21,20	01:19,95	01:16,21	00:02,30	100m Dos	01:41,39	01:26,66	01:25,16	01:23,50	01:22,25	01:18,51
200m Dos	03:45,67	03:03,54	02:56,62	02:53,30	02:47,83	02:45,49	00:05,40	200m Dos	03:51,07	03:08,94	03:02,02	02:58,70	02:53,23	02:50,89
50m Brasse	00:50,14	00:45,08	00:42,03	00:44,71	00:41,42	00:39,86	00:00,70	50m Brasse	00:50,84	00:45,78	00:42,73	00:45,41	00:42,12	00:40,56
100m Brasse	01:51,49	01:37,30	01:32,13	01:34,19	01:30,47	01:25,35	00:01,90	100m Brasse	01:53,39	01:39,20	01:34,03	01:36,09	01:32,37	01:27,25
200m Brasse	04:02,21	03:34,76	03:15,67	03:19,54	03:13,48	03:08,79	00:04,50	200m Brasse	04:06,71	03:39,26	03:20,17	03:24,04	03:17,98	03:13,29
50m Papillon	00:43,48	00:38,86	00:36,16	00:38,02	00:35,09	00:33,18	00:00,60	50m Papillon	00:44,08	00:39,46	00:36,76	00:38,62	00:35,69	00:33,78
100m Papillon	01:42,36	01:27,39	01:22,65	01:23,77	01:19,56	01:14,91	00:01,40	100m Papillon	01:43,76	01:28,79	01:24,05	01:25,17	01:20,96	01:16,31
200m Papillon	04:14,95	03:37,29	03:08,02	03:13,91	03:05,47	03:02,98	00:03,30	200m Papillon	04:18,25	03:40,59	03:11,32	03:17,21	03:08,77	03:06,28
200m 4N	03:30,13	03:04,53	02:55,88	02:58,34	02:45,62	02:44,02	00:03,40	200m 4N	03:33,53	03:07,93	02:59,28	03:01,74	02:49,02	02:47,42
400m 4N	08:06,00	06:48,09	06:13,14	06:16,75	05:59,85	05:55,04	00:07,50	400m 4N	08:13,50	06:55,59	06:20,64	06:24,25	06:07,35	06:02,54

Bassin de 25	MESSIEURS						Table de Conversion Mess	Bassin de 50	MESSIEURS					
	JEUNES			Juniors 1 et 2	Juniors 3 et 4	SENIORS			JEUNES			Juniors 1 et 2	Juniors 3 et 4	SENIORS
	12 ans 2009	13 ans 2008	14 ans 2007	15 - 16 ans 2006-2005	17 - 18 ans 2004-2003	19 ans et + 2002 et avant			12 ans 2008	13 ans 2007	14 ans 2006	15 - 16 ans 2006-2005	17 - 18 ans 2004-2003	19 ans et + 2002 et avant
50m NL	00:33,66	00:31,51	00:29,36	00:29,27	00:28,87	00:26,83	00:00,70	50m NL	00:34,36	00:32,21	00:30,06	00:29,97	00:29,57	00:27,53
100m NL	01:15,16	01:08,83	01:04,10	01:03,27	00:59,81	00:58,12	00:01,50	100m NL	01:16,66	01:10,33	01:05,60	01:04,77	01:01,31	00:59,62
200m NL	02:45,01	02:30,14	02:18,90	02:17,41	02:11,17	02:07,81	00:03,60	200m NL	02:48,61	02:33,74	02:22,50	02:21,01	02:14,77	02:11,41
400m NL	05:44,23	05:12,63	04:59,05	04:48,69	04:40,92	04:31,65	00:07,70	400m NL	05:51,93	05:20,33	05:06,75	04:56,39	04:48,62	04:39,35
800m NL	12:54,00	11:19,12	10:31,54	10:08,70	09:33,50	09:20,42	00:15,90	800m NL	13:09,90	11:35,02	10:47,44	10:24,60	09:49,40	09:36,32
1500m NL	25:49,60	21:04,59	20:07,39	19:29,40	18:43,98	18:17,17	00:30,20	1500m NL	26:19,80	21:34,79	20:37,59	19:59,60	19:14,18	18:47,37
50m Dos	00:39,79	00:37,15	00:34,68	00:35,46	00:33,77	00:31,48	00:01,50	50m Dos	00:41,29	00:38,65	00:36,18	00:36,96	00:35,27	00:32,98
100m Dos	01:25,73	01:20,41	01:13,04	01:14,40	01:11,95	01:07,43	00:03,00	100m Dos	01:28,73	01:23,41	01:16,04	01:17,40	01:14,95	01:10,43
200m Dos	03:09,59	02:55,98	02:39,11	02:38,27	02:32,04	02:27,11	00:06,90	200m Dos	03:16,49	03:02,88	02:46,01	02:45,17	02:38,94	02:34,01
50m Brasse	00:45,10	00:41,95	00:38,16	00:38,94	00:37,40	00:34,25	00:01,10	50m Brasse	00:46,20	00:43,05	00:39,26	00:40,04	00:38,50	00:35,35
100m Brasse	01:38,09	01:32,18	01:22,66	01:24,64	01:22,04	01:15,67	00:02,50	100m Brasse	01:40,59	01:34,68	01:25,16	01:27,14	01:24,54	01:18,17
200m Brasse	03:44,55	03:25,95	03:01,87	03:07,98	02:53,34	02:46,36	00:05,90	200m Brasse	03:50,45	03:31,85	03:07,77	03:13,88	02:59,24	02:52,26
50m Papillon	00:38,18	00:35,77	00:32,89	00:33,04	00:30,17	00:28,52	00:00,70	50m Papillon	00:38,88	00:36,47	00:33,59	00:33,74	00:30,87	00:29,22
100m Papillon	01:28,68	01:21,07	01:14,66	01:14,33	01:08,54	01:04,22	00:01,40	100m Papillon	01:30,08	01:22,47	01:16,06	01:15,73	01:09,94	01:05,62
200m Papillon	03:33,29	03:12,95	02:49,49	02:57,09	02:37,37	02:30,55	00:03,30	200m Papillon	03:36,59	03:16,25	02:52,79	03:00,39	02:40,67	02:33,85
200m 4N	03:06,19	02:51,21	02:40,80	02:36,54	02:29,02	02:24,46	00:04,10	200m 4N	03:10,29	02:55,31	02:44,90	02:40,64	02:33,12	02:28,56
400m 4N	07:11,25	06:17,61	05:41,10	05:34,26	05:20,72	05:09,56	00:09,00	400m 4N	07:20,25	06:26,61	05:50,10	05:43,26	05:29,72	05:18,56